

Program 5th PhD Workshop

11th-14th June, 2018 in Güstrow



Monday, 11th June

08:30 **Departure Berlin Hauptbahnhof**

11:30 **Arrival at Kurhaus am Insee**
Heidberg 1, 18273 Güstrow
www.kurhaus-guestrow.de

12:00 - 14:00 **Check-in & lunch**

14:00 - 15:45 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**

15:45 - 16:15 **Coffee break**

16:15- 18:00 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**

18:00 - 19:30 **Dinner**

Tuesday, 12th June

- 08:00 - 09:00 **Breakfast**
- 09:00 - 10:30 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**
- 10:30 - 10:45 **Coffee break**
- 10:45 - 12:00 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**
- 12:00 - 14:00 **Lunch**
- 14:00 - 15:45 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**
- 15:45 - 16:15 **Coffee break**
- 16:15 - 18:00 **Pimp Your Talk: Enhancing Style and Dynamics In Presentations**
- 18:00 - 19:30 **Dinner**

Wednesday, 13th June

- 08:00 - 09:00 **Breakfast**
- 09:00 - 10:30 **CRC-Wiki session**
- 10:30 - 10:45 **Coffee break**
- 10:45 - 12:00 **CRC-Wiki session**
continued
- 12:00 - 13:00 **Lunch**
- 13:00 - 18:00 **Outdoor activities**
volleyball, badminton, kayaking, pedal boat
- 18:00 - 19:00 **Dinner**
- 19:00 - 21:00 **Assessment Center Part 1**
Introduction, Preparation, Self-presentation

Thursday, 14th June

- 08:00 - 09:00 **Breakfast & Check-out**
- 09:00 - 12:00 **Assessment Center Part 2**
Group discussion, Roleplay, Overview over further methods
- 12:00 - 14:00 **Lunch**
- 14:00 **Departure from Kurhaus**

Pimp Your Talk: Enhancing Style and Dynamics In Presentations

by *Ric Oquita*

(english)

Objectives

This 1.5 day session offers techniques on how to structure and stay focused when speaking spontaneously. Exercises are used throughout the course to ensure that participants can immediately put skills into practice. Participants develop strategies for engaging listeners and tailoring information to the audience. Furthermore it aims to help speakers evaluate and reflect on best practices for handling the question and answer session. Participants will learn how to deal with 'worst case scenarios' and handling aggressive comments and difficult questions while staying polite, confident and succinct. They will practice listening, expanding thinking time and use the discussion to reiterate their key message. There will be a mix of short (3-5 min) and longer talks (15 min) to offer participants a platform to practice their PhD-defense or conference talks.

Content

- gain skills to speak confidently and spontaneously in formal and informal settings
- practice engaging in a short talk to practice „pitching,“ promoting and networking
- deliver a talk extemporaneously and catch the listener's attention
- developing effective tactics for handling difficult questions
- thinking on one's feet
- improving listening skills
- using professional language
- economizing language
- managing anxiety

Methods

- individual, pair and group work
- improvisation techniques
- language practice and analysis

More info:

<https://www.impulsplus.com/team/ric-oquita/>

Assessment Center Training

by *Heike Rebel*

(german, active parts can be in english)

Objectives

Assessment centers are widely used to select matching candidates for big companies upon their skills, e.g, leadership, logical thinking, problem solving strategies or creativity. This two part session, led by a professional career coach, aims at giving the participants an overview of assessment center methods, including active exercises in which participants reflect on themselves and show their valuable skills in group discussions and roleplays. Participants learn about the criteria on which they are assessed, what observers take into account and how candidates are selected. Besides actively participating in typical assessment center exercises, participants will be in the role of the observer of other participants and therefore get experience in evaluating other people's skills.

Content

- learning about the concept and methods of assessment centers
- learning about criteria, observers and selection process
- practice self-reflection
- practice skills in group discussion and roleplay
- observe other candidates

Methods

- trainer Input
- individual and group work
- reflection in plenum

More info:

<http://www.s-y-c.de/index.php>

Location

The address of our seminar house is:

Kurhaus am Inselsee

Heidberg 1, Güstrow

www.kurhaus-guestrow.de

Phone: 03843-8500 or 03843-850200



Karte von Openstreetmap

Travel

A **group train ticket** will be organised for the following departure times:

Monday, 11th June: departure from Berlin Hauptbahnhof at 08:42, arrival in Güstrow at 11:00, train RE 4354.

Thursday, 14th June: departure from Güstrow at 14:54, arrival in Berlin Hauptbahnhof at 17:16, train RE 4363.

Outdoor Activities

It would be beneficiary if you bring some water-proof clothes. As the name and the map suggest we are at a quite nice lake, i.e. **bathing suits, shorts** etc. might be a good idea ;-).

For the outdoor activities mentioned, you will need (a **small amount**) of money in **cash**. There is no option to pay with any kind of card. Nevertheless as usual swimming is free.

Additionally we suggest to bring your favorite **anti mosquito spray** for the evenings on the terrace.